

SAJS NEWSLETTER / SEPT 2017

COMPREHENSIVE GUIDANCE AND COUNSELLING PROGRAM

Welcome back to all our students! A special welcome to our students from Antigonish Education Centre, St Andrews Consolidated, HM MacDonald, as well as students who have transferred in from other schools. **It is going to be an awesome year!**

Your two school counsellors are Allana MacGillivray and Marie Kennedy. Both counsellors have an M.Ed in Counselling from Acadia University and are members of the CCPA. School counsellors are available to support **ALL** students in a variety of ways, including individual counselling, groups, and in class presentations. It is also our goal to establish relationships with partner agencies including SchoolsPlus, Big Brothers Big Sisters, the Naomi Society – as well as other agencies – to support our students.

If you feel that your child may require support from one of the school counsellors, you can contact us directly, through email or phone. Parents can also speak to an Administrator or teacher. Parental permission is required for counselling support for students who are under the age of 13.

Please do not hesitate to contact us if you have any questions or concerns.

Marie Kennedy marie.kennedy@srsb.ca

Allana MacGillivray allana.macgillivray@srsb.ca

CyberSafety Presentations

Constable Morgan MacPherson (SAJS Liason Officer) will be doing Cyber Safety presentations with all students in the month of September.

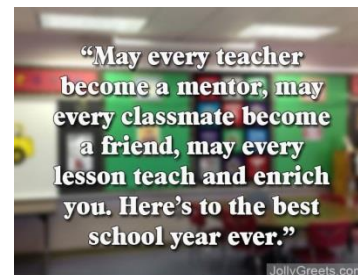
Please talk to your child about responsible use of technology including cellphones.

Big Brothers / Big Sisters

A representative from Big Brothers / Big Sisters will be visiting SAJS on September to discuss supports for students. If you feel your child would benefit from having a mentor, please contact one of the School Counsellors.

Organizational Skills Workshop

All Grade 8 students will take part in an Organizational Skills / Time Management workshop in September. Part of the workshop will focus on the relationship between stress and organization with a focus on the middle school experience. If you feel that your child requires extra support with organization, please contact one of the School Counsellors.



Anti-Bullying Education Day – Thursday, Sept 14, 2017

Please wear red or pink on Thursday. A variety of activities will take place during the day to provide education to students on issues around conflict and bullying. Particular attention will be paid to the role of the “upstander” and the origins of Pink Shirt Day.