



## SAJS Monday Flash September 25<sup>th</sup> - September 29<sup>th</sup>

### Daily Activities:

- You can order your lunch from the cafeteria online now from home! Check out [www.schoollunchorder.ca](http://www.schoollunchorder.ca)
- SAJS is Nut, Egg and Scent Aware
- When arriving in the morning and waiting in the cafeteria, please sit at one of the tables to keep the paths clear for walking.

### Monday, September 25<sup>th</sup>, (Day B)

**Cafeteria Special Today: Burger (Chicken or Beef) topped the way you want it. Served with Caesar Salad**

**Intramurals:** 6-1 / 6-2

- Mrs. Kennedy's Guidance Office Lunch Group sign-up: Mindful Monday
  - Ms. MacGillivray's Lunch Bunch: Grade 5 Students
- 9:40                    Constable MacPherson will be doing Cyber Safety presentations in the multi-purpose room with Grade 5's  
3:00-4:00            Cross Country practice at St.FX

### Tuesday, September 26<sup>th</sup>, (Day C)

**Cafeteria Special Today: Soft Beef Taco served with Rice and Corn**

**Band:** Intermediate Band from 2:35-4:05

**Intramurals:** 5-3 / 5-6

- Mrs. Kennedy's Guidance Office Lunch Group sign-up: Dance Club
  - Ms. MacGillivray's Lunch Bunch: Grade 5 Students
  - SAJS Golf teams competing in Regionals. Best of luck!
- 9:40                    Constable MacPherson will be doing Cyber Safety presentations in the multi-purpose room with Grade 6's  
3:00-4:00            Cross Country practice at St.FX

### Wednesday, September 27<sup>th</sup>, (Day D)

**Cafeteria Special Today: Spaghetti and Meat Sauce with Caesar Salad or Garlic Breadstick**

**Band:** Jazz Band from 2:35-4:05

**Intramurals:** 6-3 / 6-4

- Mrs. Kennedy's Guidance Office Lunch Group sign-up: Card Club
  - Ms. MacGillivray's Lunch Bunch: Grade 5 Students
- 1:00-6:00            Cross Country Meet at Truro Junior High  
1:25                   Meeting with Grade 8 students who will be assisting with Organization (the list of students will be emailed to teachers next week)

### Thursday, September 28<sup>th</sup>, (Day E)

**Cafeteria Special Today: Chicken Fajitas (Chicken, Peppers, Onion and Salsa in a Tortilla)**

**Intramurals:** 5IMM / 6IMM

**Band:** Beginner Band from 2:35-4:05

- Mrs. Kennedy's Guidance Office Lunch Group sign-up: Sports Club
  - Ms. MacGillivray's Lunch Bunch: Grade 6 Students
- ALL DAY            Last day to pre-order your Thanksgiving dinner in the Cafeteria (Dinner is on October 4<sup>th</sup>)  
ALL DAY            2 teacher and 12 Gaelic students from Scotland will be doing presentations during Mr. MacDonald's Gaelic Classes. A welcome Ceilidh will be held at Pipers Pub Thursday evening from 6-8:30, all Gaelic students with parents are welcome to attend.  
8:40-10:40        Terry Fox Walk/Run – The route will be around SAJS and please bring \$1.00 - \$2.00 as a donation

TERRY FOX WALK SCHEDULE 2017	
8:40-9:10	Grade 5's
9:10-9:40	Grade 7's
9:40-10:10	Grade 6's
10:10-10:40	Grade 8's

- 9:40                    Constable MacPherson will be doing Cyber Safety presentations in the multi-purpose room with Grade 7's  
10:55                Constable MacPherson will be doing Cyber Safety presentations in the multi-purpose room with Grade 8's  
3:00-4:00            Cross Country practice at St.FX

**INSERVICE – NO CLASSES FOR STUDENTS**

<b>Who has a birthday this week?</b>		
Ella N	5/6	Sept 25
Julia L	6-31F	Sept 27
Ireland P	51MM	Sept 27
Shea-Leigh B	8-3	Sept 30
Duncan M	8-4	Sept 30
Gracie G	8-2	Oct 1
Aidan S	8-2	Oct 1
Cedar S	8-3	Oct 1
Christopher V	5-2	Oct 1

